

*Return to School Guidelines for COVID-Like Symptoms with **NO** Known Exposure.* If your student has been exposed, isolate and call your clinic or Public Health for further guidance.

**Do you have???**

**FEVER OF 100.4 OR HIGHER  
COUGH**

**SHORTNESS OF BREATH  
NEW LOSS OF TASTE OR SMELL**

If you answered “yes” to one or more of these symptoms, you have one of three options to come back to school!

- **Option #1** Get COVID tested and return with a negative result. Symptoms must also be improved and at least 24 hours have passed without the use of fever reducing medications to return to school. Remember to isolate until you receive your test results and symptoms improve.
- **Option #2** Stay home from school and isolate for **10 days after the onset** of symptoms AND improvement of symptoms without using fever reducing meds.
- **Option #3** Bring a note from your Healthcare Provider documenting an alternative diagnosis that explains the symptoms without performing a COVID test. Examples may include strep throat, ear infection, rash illness, allergies, etc.

**Do you have???**

**EXCESS FATIGUE  
SORE THROAT**

**HEADACHE  
NAUSEA/VOMITING**

**MUSCLE OR BODY ACHES  
DIARRHEA**

- If you have 2 or more of these symptoms or 1 of these symptoms last greater than 24 hours, please follow the above options for when you may return to school.
- If you only have 1 of these symptoms that last less than 24 hours, you may come back to school once symptoms improve.

Please note, we are following guidelines from our Public Health District. We always recommend calling your Healthcare Provider for further information and direction on your student’s healthcare!

If you have further questions or concerns, the nurse or building principal is more than happy to assist you. Please do not hesitate to call!

Elem: 509-687-9502 MS/HS: 509-687-9585