

RE: Fall Sports

Dear Students,

School athletics are a great way to get involved in your school. Manson proudly has very high athletic participation rate and we look forward to continuing that into 2022-23 school year. This letter is intended to give all middle and high school athletes needed information to start the fall off great. It is important to be ready to turn out on the first day of practice as all sports have a minimum number of practices required to participate in contests.

High School Sports Start Dates-

Each year fall high school sports begin prior to the start of the school year. See information below:

<u>Sport</u>	<u>Grades</u>	<u>Date</u>	<u>Coach</u>	<u>Contact</u>
Football	9-12	August 17	Joey Johanson	509-687-2903
Volleyball	9-12	August 22	Hayli Libbey-Thompson	509-885-5941
Cross Country	9-12	August 22	Jeff England	509-630-1651
Girls Soccer	8-12	August 22	Junior Valdovinos	509-881-7593
FB Cheer	9-12	August 22	Casey Kloese	815-351-4388

Middle School Sports Start Dates-

<u>Sport</u>	<u>Grades</u>	<u>Date</u>	<u>Coach</u>	<u>Contact</u>
Volleyball	6-8	August 29	Sarah Wiggum	509-670-9369
Cross Country	6-8	August 29	Jeff England	509-630-1651
Football	7-8	August 29	Steve Nygreen	509-683-2033

Steps For Signing Up To Participate

1. Have your parents/guardians sign you up for the sport on Final Forms at www.manson-wa.finalforms.com. If you signed up last year you only need to add the sport and check/sign a few boxes. If you are having an issue with Final Forms, please feel free to come to the office for assistance.
2. Student logs on to Final Forms and signs needed documents.
3. Make sure your physical is up-to-date. A sports physical is good for two years. The date of when your current physical expires can be found on Final Forms. If you **do not** have an up-to-date physical you will need to schedule one prior to your first practice.
4. Contact your coach to get your practice times.