



# February

# 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breakfast: Whole Grain Cereal, Yogurt  Lunch: PB&J Sandwich, Whole Grain Chips	2 Breakfast: Whole Grain Pancakes, String Cheese  Lunch: Chicken Nuggets	3 Breakfast: Whole Grain Muffin, Yogurt  Lunch: Cheese Stuffed Bread, Marinara Sauce	4 Breakfast: Whole Grain Waffles, String Cheese  Lunch: Burrito	5 Breakfast: Whole Grain Bagel, Yogurt  Lunch: Quesadilla	6
7	8 Breakfast: Benefit Bar, String Cheese  Lunch: Turkey Croissant, Whole Grain Chips	Breakfast: Whole Grain French Toast, Yogurt  Lunch: Cheeseburger	10 Breakfast: Whole Grain Probball, String Cheese  Lunch: Whole Grain Pizza	11  <b>MID WINTER BREAK</b>	12	13
14 	15 <b>PRESIDENT'S DAY</b>	16 Breakfast: Whole Grain Cereal, String Cheese  Lunch: PB&J Sandwich, Whole Grain Chips	17 Breakfast: Whole Grain PopTart, Yogurt  Lunch: <b>COOK'S CHOICE</b>	18 Breakfast: Whole Grain Pancakes, String Cheese  Lunch: Corndog	19 Breakfast: Whole Grain Muffin Bar, Yogurt  Lunch: Quesadillas	20
21	22 Breakfast: Whole Grain PopTart, String Cheese  Lunch: Ham Sandwich, Whole Grain Chips	23 Breakfast: Whole Grain Waffles, Yogurt  Lunch: Chicken Burger	24 Breakfast: Whole Grain Benefit Bar, String Cheese  Lunch: Hot Dog, Whole Grain Chips	25 Breakfast: Whole Grain French Toast, Yogurt  Lunch: Burrito	26 Breakfast: Whole Grain Maple Bar, String Cheese  Lunch: Whole Grain Pizza	27
28				All meals will be served with a choice of milk types. Shortages of milk or other items on the menu may require a substitute. Each lunch includes a vegetable. A free milk substitute is offered to those with special medical needs verified by a recognized medical authority or requested by a guardian for \$.70. We are an equal opportunity employer and provider.		