

September 2009

This is an Equal
Opportunity
Provider.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><i>1 Breakfast: Cereal, proball, string cheese, juice, milk.</i></p> <p><i>Lunch: Pizza or deli sandwich, corn, fruit, salad bar, milk.</i></p>	<p><i>2 Breakfast: Sausage links, French toast, fruit, juice, milk.</i></p> <p><i>Lunch: Crispitos or deli sandwich, refried beans, fries, salad bar, fruit, milk.</i></p>	<p><i>3 Breakfast: Breakfast-Pizza, fruit, juice, milk.</i></p> <p><i>Lunch: Taco soup or deli sandwich, crackers, fruit, salad bar, milk.</i></p>	<p><i>4 Breakfast: Sausage, biscuit, fruit, juice, milk.</i></p> <p><i>Lunch: Corn dog, or deli sandwich, tater kickers, fruit, salad bar, milk.</i></p>	5
6	<p>7</p> <p>LABOR DAY</p> <p>NO SCHOOL</p>	<p><i>8 Breakfast: Sausage, hashbrowns, egg, fruit, juice, milk.</i></p> <p><i>Lunch: Chicken burger or deli sandwich, sweet potato, fries, fruit, salad bar, milk.</i></p>	<p><i>9 Breakfast: Bagels, yogurt, granola, fruit, juice, milk.</i></p> <p><i>Lunch: Nachos or deli sandwich, refried beans, fruit, salad bar, milk.</i></p>	<p><i>10 Breakfast: Burrito, fruit, juice, milk.</i></p> <p><i>Lunch: Spaghetti & meatballs or deli sandwich, garlic bread, salad bar, fruit, milk.</i></p>	<p><i>11 Breakfast: Cinnamon Streusel cake, peaches, string cheese, juice, milk.</i></p> <p><i>Lunch: Chicken nuggets or shrimp poppers, roll, tater kickers, salad bar, fruit, milk.</i></p>	12
13	<p><i>14 Breakfast: Breakfast-Pizza, fruit, juice, milk.</i></p> <p><i>Lunch: Lasagna, breadsticks, assorted vegetables, fruit, salad bar, milk.</i></p>	<p><i>15 Breakfast: Sausage, biscuit, fruit, juice, milk.</i></p> <p><i>Lunch: Cheeseburger or deli sandwich, fries, fruit, salad bar, milk.</i></p>	<p><i>16 Breakfast: Strudel, string cheese, fruit, juice, milk.</i></p> <p><i>Lunch: Chicken tacos or deli sandwich, corn, fruit, salad bar, milk.</i></p>	<p><i>17 Breakfast: Sausage, pancakes, fruit, juice, milk.</i></p> <p><i>Lunch: Teriyaki dippers or deli sandwich, glazed carrots, rice, milk.</i></p>	<p><i>18 Breakfast: Maple bar, yogurt, granola, fruit, juice, milk.</i></p> <p><i>Lunch: Beef and bean burrito or deli sandwich, tater kickers, fruit, salad bar, milk.</i></p>	19
20	<p><i>21 Breakfast: Chocolate chip muffins, string cheese, fruit, juice, milk.</i></p> <p><i>Lunch: Chicken noodle soup, deli sandwich, fruit, salad bar, milk.</i></p>	<p><i>22 Breakfast: Bagels, yogurt, granola, fruit, juice, milk.</i></p> <p><i>Lunch: Polish dog with chili or deli sandwich, fries, fruit, salad bar, milk.</i></p>	<p><i>23 Breakfast: Canadian bacon, egg, croissant, fruit, juice, milk.</i></p> <p><i>Lunch: Chicken fried steak, mashed potatoes, gravy, roll, fruit, salad bar, milk.</i></p>	<p><i>24 Breakfast: Sausage patty, biscuit, fruit, juice, milk.</i></p> <p><i>Lunch: Meatball sub or deli sandwich, jojos, fruit, salad bar, milk.</i></p>	<p><i>25 Breakfast: Cinnamon roll, string cheese, fruit, juice, milk.</i></p> <p><i>Lunch: Pizza, corn, fruit, salad bar, milk.</i></p>	26
27	<p><i>28 Breakfast: Omelet, yogurt, granola, cheese toast, fruit, juice, milk.</i></p> <p><i>Lunch: Macaroni & cheese or deli sandwich, lil smokies, roll, fruit, salad bar, milk.</i></p>	<p><i>29 Breakfast: Cereal, proball, string cheese, fruit, juice, milk.</i></p> <p><i>Lunch: Sloppy joes or deli sandwich, fries, fruit, salad bar, milk.</i></p>	<p><i>30 Breakfast: Breakfast pizza, fruit, juice, milk.</i></p> <p><i>Lunch: Sausage patty biscuit or deli sandwich, egg, hashbrowns, fruit salad bar, milk.</i></p>	<p>Children with a Sack Lunch from home can purchase milk at school for \$.25. Salad Bar offered daily, may include: Veggies, fresh fruit in season, chilled or dried fruit, cheese, dressings, sunflower seeds, diced ham or turkey. All canned fruit is drained to lower sugar intake. Some products may have been made in a plant that also manufactures products containing tree nuts or peanuts.</p>		