

# January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>No School Winter Break</b>	2
3	4 Breakfast: Cinnamon Streusel Cake, Peaches, String Cheese, Juice, Milk Lunch: Pizza, Corn, Fruit & Salad Bar, Milk	5 Breakfast: Sausage Patty, Biscuit, Fruit/Juice, Milk Lunch: Chicken Burger, Fries or Deli Sandwich, Fruit & Salad Bar, Milk	6 Breakfast: Bagel, Yogurt, Granola, Fruit/Juice, Milk Lunch: Nachos, Refried Beans, or Deli Sandwich, Fruit & Salad Bar, Milk	7 Breakfast: Cereal, Probball, String Cheese, Fruit/Juice, Milk Lunch: Polish Dog, Chili, Tater Kickers or Deli Sandwich, Fruit & Salad Bar, Milk	8 Breakfast: Sausage Links, French Toast, Fruit/Juice, Milk Lunch: Chicken Nuggets, Curly Fries, Roll or Deli Sandwich, Fruit & Salad Bar, Milk	9
10	11 Breakfast: Breakfast Pizza, Fruit/Juice, Milk Lunch: Croissant, Ham and Cheese Sandwich, Corn, Fruit & Salad Bar, Milk	12 Breakfast: Breakfast Burrito, Fruit/Juice, Milk Lunch: Sausage Patty, Biscuit, Egg, Hashbrowns or Deli Sandwich, Fruit & Salad Bar, Milk	13 Breakfast: Sausage Links, Pancakes, Applesauce, Fruit/Juice, Milk Lunch: Burrito, Jojos or Deli Sandwich, Fruit & Salad Bar, Milk	14 Breakfast: Chocolate Chip Muffin, String Cheese, Fruit/Juice, Milk Lunch: Taco Soup, Cheesy Breadstick, or Deli Sandwich, Fruit & Salad Bar, Milk	15 Breakfast: Cinnamon Roll, Peaches, Yogurt, Granola, Juice, Milk Lunch: Corn Dog, Tater Kickers or Deli Sandwich, Fruit & Salad Bar, Milk	16
17	18 <b>No School MLK Jr. Day</b>	19 Breakfast: Bagel, String Cheese, Fruit/Juice, Milk Lunch: Pizza Pocket, Corn or Deli Sandwich, Fruit & Salad Bar, Milk	20 Breakfast: Sausage Links, Waffle Dippers, Fruit/Juice, Milk Lunch: BBQ Chicken, Mashed Potatoes, Roll or Deli Sandwich, Fruit & Salad Bar, Milk	21 Breakfast: Strudel, Yogurt, Granola, Fruit/Juice, Milk Lunch: Cheeseburger, Fries or Deli Sandwich, Fruit & Salad Bar, Milk	22 Breakfast: Cereal, Probball, String Cheese, Fruit/Juice, Milk Lunch: Chicken Nuggets or Shrimp Poppers, Fries, Cornbread, Fruit & Salad Bar, Milk	23
24	25 Sausage Links, Pancakes, Egg, Fruit/Juice, Milk Lunch: Chicken & Rice Soup, String Cheese, Pretzel, Fruit & Salad Bar, Milk	26 Breakfast: Maple Bar, String Cheese, Peaches, Juice, Milk Lunch: Chicken Taco Salad, Refried Beans or Deli Sandwich, Fruit & Salad Bar, Milk	27 Breakfast: Breakfast Pizza, Fruit/Juice, Milk Lunch: Burrito or Corndog, Tater Kickers, Fruit & Salad Bar, Milk	28 Breakfast: Bagel, Yogurt, Granola, Fruit/Juice, Milk Lunch: Chicken Fried Steak, Mashed Potatoes, Gravy, Roll or Deli Sandwich, Fruit & Salad Bar, Milk	29 Breakfast: Sausage, Biscuit, Gravy, Fruit/Juice, Milk Lunch: Pizza, Corn or Deli Sandwich, Fruit & Salad Bar, Milk	30
31	Children with a sack lunch from home can purchase milk at school for \$.25. Salad Bar, offered daily, may include: Veggies, fresh fruit in season, chilled or dried fruit, cheese, dressings, sunflower seeds, diced ham or turkey. All canned fruit is drained to lower sugar intake. Some products may have been made in a plant that also manufactures products containing tree nuts or peanuts.					