

# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breakfast: Chocolate Chip Muffin, Peaches, String Cheese, Juice, Milk Lunch: Macaroni & Cheese, Lil Smokies, Cheesy Breadsticks, Fruit & Salad Bar, Milk	2 Breakfast: Sausage Patty, Biscuit, Egg, Fruit/Juice, Milk Lunch: Chicken Taco Salad, Refried Beans or Deli Sandwich, Fruit & Salad Bar, Milk	3 Breakfast: Cereal, Oatmeal, Probball, String Cheese, Fruit/Juice, Milk Lunch: Burrito, Fries or Deli Sandwich, Fruit & Salad Bar, Milk	4 Breakfast: Sausage Links, French Toast, Fruit/Juice, Milk Lunch: Chicken Nuggets or Shrimp Poppers, Tater Kickers, Fruit & Salad Bar, Milk	5 Breakfast: Breakfast Burrito, Fruit/Juice, Milk Lunch: Chili, Cornbread, String Cheese, or Deli Sandwich, Fruit & Salad Bar, Milk	6
7	8 Breakfast: Breakfast Pizza, Fruit/Juice, Milk Lunch: Grilled Cheese Sandwich, Tomato Soup, Fruit & Salad Bar, Milk	9 Breakfast: Bagel, Yogurt, Granola, Fruit/Juice, Milk Lunch: Chicken Burger, Fries or Deli Sandwich, Fruit & Salad Bar, Milk	10 Breakfast: Cinnamon Streusel Cake, String Cheese, Peaches, Juice, Milk Lunch: Taco Soup, Cheesy Breadsticks or Deli Sandwich, Fruit & Salad Bar, Milk	11 Breakfast: Sausage Links, Waffle Dippers, Fruit/Juice, Milk Lunch: BBQ Chicken, Mashed Potatoes, Roll or Deli Sandwich, Fruit & Salad Bar, Milk	12 Breakfast: Maple Bar, String Cheese, Fruit/Juice, Milk Lunch: Pizza, Corn or Deli Sandwich, Fruit & Salad Bar, Milk	13
14	15 <b>NO SCHOOL</b>	16 Breakfast: Omelette, Toast, Fruit/Juice, Milk Lunch: Chicken Fried Steak, Mashed Potatoes, Gravy, Roll, or Deli Sandwich, Fruit & Salad Bar, Milk	17 Breakfast: Sausage Patty, Gravy, Biscuit, Fruit/Juice, Milk Lunch: Polish Dog/Chili Dog, Fries, or Deli Sandwich, Fruit & Salad Bar, Milk	18 Cherry Turnover, String Cheese, Fruit/Juice, Milk Lunch: Chicken Taco Salad, Refried Beans, or Deli Sandwich, Fruit & Salad Bar, Milk	19 Breakfast: Sausage Links, Egg, Hashbrowns, Fruit/Juice, Milk Lunch: Taco Soup, Cheesy Breadsticks or Deli Sandwich, Fruit & Salad Bar, Milk	20
21	22 Breakfast: Blueberry Mini-Muffin, Yogurt, Fruit/Juice, Milk Lunch: Chicken Noodle Soup, Deli Sandwich, Fruit & Salad Bar, Milk	23 Breakfast: Sausage Patty, Egg, Biscuit, Fruit/Juice, Milk Lunch: Cheeseburger, Fries, or Deli Sandwich, Fruit & Salad Bar, Milk	24 Breakfast: Bagel, Yogurt, Granola, Fruit/Juice, Milk Lunch: Corndog or Deli Sandwich, Fruit & Salad Bar, Milk	25 Breakfast: Sausage Links, French Toast, Fruit/Juice, Milk Lunch: Pizza Pocket, Corn, or Deli Sandwich, Fruit & Salad Bar, Milk	26 Breakfast: Cinnamon Roll, String Cheese, Peaches/Juice, Milk Lunch: Chicken Nuggets or Shrimp Poppers, Tater Kickers, Cornbread, Fruit & Salad Bar, Milk	27
28		Children with a sack lunch from home can purchase milk at school for \$.25. Salad Bar, offered daily, may include: Veggies, fresh fruit in season, chilled or dried fruit, cheese, dressings, sunflower seeds, diced ham or turkey. All canned fruit is drained to lower sugar intake. Some products may have been made in a plant that also manufactures products containing tree nuts or peanuts.				