

# September 2009

This institution is an equal opportunity provider

S	Mon	Tue	Wed	Thu	Fri	S
		<i>1Breakfast</i> Cereal, Pro –Ball, Juice, Milk <i>Lunch</i> Bar-B –Q Chicken Legs, Whipped Potatoes, Apple Wedges, Roll, Milk	<i>2Breakfast</i> Belgian Waffle Dippers, Sausage Links, Syrup, Juice, Milk <i>Lunch</i> Hot Pockets, Crisp Salad, Ranch, Fresh Pineapple, Milk	<i>3Breakfast</i> Trix Yogurt, Cinnamon Toast, Juice, Milk <i>Lunch</i> Taco Soup, Tortilla Chips, Banana, Carroteenies, Milk	<i>4Breakfast</i> Warm Bagel, Cream Cheese, String Cheese, Juice, Milk <i>Lunch</i> Hot Dog, Tater Kickers, Fresh Cantaloupe, Milk	5
6	<b>7</b>  <b><i>No School Labor Day</i></b>	<i>8Breakfast</i> Pizza, Juice, Milk <i>Lunch</i> Burrito, Steamed Corn, Apple Wedges, Milk	<i>9Breakfast</i> Sausage Biscuit, Juice, Milk <i>Lunch</i> Pizza, Crisp Salad, Ranch, Fresh Pineapple, Milk	<i>10 Breakfast</i> Warm Bagel, Cream Cheese, String Cheese, Juice, Milk <i>Lunch</i> Chicken Burger, Baked Fries, Orange Smiles, Milk	<i>11Breakfast</i> Trix Yogurt, Pro-Ball, Juice, Milk <i>Lunch</i> Trout Treasures, Sliced Cucumbers, Kiwi, Sea animal Cookies, Milk	12
13	<i>14Breakfast</i> Cereal, Chocolate Chip Muffin, Juice, Milk <i>Lunch</i> Tomato Soup, Toasted Cheese Sandwich, Carroteenies, Chilled Pears, Milk	<i>15Breakfast</i> Belgian Waffle Dippers, Syrup, Sausage Links, Juice, Milk <i>Lunch</i> Cheese Burger, Baked Fries, Banana, Milk	<i>16Breakfast</i> Warm Bagel, Cream Cheese, String Cheese, Juice, Milk <i>Lunch</i> Chicken Stir Fry, Steamed Rice, Steamed Corn, Apple Wedges, Milk	<i>17Breakfast</i> Trix Yogurt, Pro-Ball, Juice, Milk <i>Lunch</i> Shrimp Poppers, Steamed Corn, Orange Smiles, Roll, Milk	<i>18Breakfast</i> Apple Strudel, Juice, Milk <i>Lunch</i> Egg Rolls, Watermelon, Sliced Cucumbers, Milk	19
20	<i>21Breakfast</i> Cereal, Cinnamon Toast, Juice, Milk <i>Lunch</i> Deli Sandwich, Carroteenies, Whole Apple, Milk	<i>22Breakfast</i> Pancakes, Sausage Links, Syrup, Juice, Milk <i>Lunch</i> Corn Dog, Tater Kickers, Kiwi, Milk	<i>23Breakfast</i> Trix Yogurt, Pro-Ball, Juice, Milk <i>Lunch</i> Burrito, Steamed Corn, Fresh Pineapple, Milk	<i>24Breakfast</i> Warm Bagel, Cream Cheese, String Cheese, Juice, Milk <i>Lunch</i> Fish Sandwich, Baked Fries, Orange Smiles, Milk	<i>25Breakfast</i> Pizza, Juice, Milk <i>Lunch</i> Chicken Fajita, Rice, Sliced Cucumbers, Apple Wedges, Milk	26
27	<i>28Breakfast</i> Cereal, Cinnamon Toast, Juice, Milk <i>Lunch</i> Deli Sandwich, Carroteenies, Fresh Grapes, Milk	<i>29Breakfast</i> Pizza, Juice, Milk <i>Lunch</i> Chicken Burger, Baked Fries, Banana, Milk	<i>30Breakfast</i> Warm Bagel, Cream Cheese, String Cheese, Juice, Milk <i>Lunch</i> Hot Pockets, Crisp Salad, Ranch, Fresh Pineapple, Milk	Children with a Sack Lunch from Home can purchase a <b>Milk</b> at school for \$.25. All canned fruit is drained to lower sugar intake. Some products may have been made in a plant that also manufactures products containing tree nuts or peanuts.		